



INFO- PINCOURT

Winter 2024-2025, vol. 44

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TOWN OF 
PINCOURT

**COMING: Winterfest,
January 25, 2025,
12:30 p.m. to 4:30 p.m., Olympique Park**



LES GARS
DES JEUX

PRÉSENTE

**BULLE
BOXE**

COMBATS DE COQS
DEUX COQS DANS UN RING, QUE LE MEILLEUR
GAGNE.

LESGARSDESJEUX.COM

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CREDITS

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**TOWN
COUNCIL**

04



Word from the Mayor

Dear citizens,

As winter gently settles into our beautiful city, this season offers us a wealth of outdoor activities and special moments to share with our neighbors, families, and friends.

Several key events have marked this past year, including:

- The construction of new basketball courts
- The resurfacing of a section of Chemin Duhamel
- The Intercultural Festival
- The 41st edition of Firefighters' Day
- The torrential rainfall on August 9
- Support for citizens affected by the storm. (Visits to those impacted and the October 10 conference)

I invite you to continue reading on page 7 and the following pages of this brochure.

Thanks to the dedication of our teams, we are offering you a rich and diverse winter program. There's something for everyone! Join us to make the most of this season with the following activities:

- Christmas Party for children at the Omni-Centre
- Santa Claus visit
- Winterfest on January 25, 2025
- Sliding at Olympique and Taillon parks
- FREE public skating at the Cité-des-Jeunes arena

In closing, I would like to thank all the volunteers, municipal employees, and partners who contribute each year to making our city so dynamic and enjoyable. Together, we make our municipality a great place to live, no matter the season.

I wish you all a winter filled with joy, warmth, and wonderful moments.

Claude Comeau, mayor
c.comeau@villepincourt.qc.ca
514 453-8981, Ext. 325



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**A LOOK
BACK AT
2024**

06

A LOOK BACK AT 2024



JANUARY - Winterfest



MAY
Compost
Distribution Day



MAY
BougeBouge
Festival & île Perrot
Marathon 2024
(Photo credit:
Bouge Bouge)





JULY - Opening of the basketball courts



JULY-AUGUST

Creation of new artistic murals:

- 1) Pumping station wall
- 2) Pincourt Bowling Center



AUGUST

Inauguration of the Art Pathway (Bellevue Park)



AUGUST
41st edition of the
Firefighters' Day



Photo Credit: Boogie Wonder Band



AUGUST
Heavy rain on August 9:
Assistance for affected citizens.



SEPTEMBER

Intercultural Festival



SEPTEMBER

New stores in Pincourt: Mondou and Ford Île-Perrot



SEPTEMBER

Launch of the Registry Program for Persons Requiring Specific Assistance (PRSA)



SEPTEMBER

Creation of the Monarch Garden, in collaboration with the Coopérative de solidarité Polliflora.



SEPTEMBER

Pincourt is the winner of the 2024 Festival de la soupe of Notre-Dame-de-l'Île-Perrot



Crédit photo : Festival de la Soupe NDIP



OCTOBER

Volunteer Recognition Evening



OCTOBER

Grande Marche du Défi Pierre Lavoie



OCTOBER

Replanting of over 1,000 trees in Taillon Park. Town Council, Urban Planning staff, Public Works and Horticulture employees, and volunteers.

**LATEST
NEWS**

12

2024 student scholarship recipients

Over the past few months, the students who worked for the Town of Pincourt over the summer have each received their \$250 student bursary.



Ariane Gagnon, accompanied by Councillor René Lecavalier, Mayor Claude Comeau and Human Resources Director, Sharon Dol.



Félix Lussier, accompanied by interim forewoman Marie-Hélen Dionne; elected representative René Lecavalier; Mayor Claude Comeau and Human Resources Director, Sharon Dol.



Tristan Latour, accompanied by Administrative Assistant Marie Guernon, Mayor Claude Comeau, Councillor Claudine Girouard-Morel and Human Resources Director, Sharon Dol.



Léa Jade Lemay, accompanied by Administrative Assistant Marie Guernon, Mayor Claude Comeau, Councillor Claudine Girouard-Morel and Human Resources Director, Sharon Dol.



Joey Archambault, accompanied by Head of Division - Recreation, Mélanie Bergevin; Mayor Claude Comeau and Human Resources Director, Sharon Dol.



Vincent Zaccardelli, accompanied by Head of Division - Recreation, Mélanie Bergevin; Mayor Claude Comeau and Human Resources Director, Sharon Dol.



Olivia Anne Yuan, accompanied by the Head of the Division - Recreation, Mélanie Bergevin; the mayor, Claude Comeau; and the Director of Human Resources, Sharon Dol.



Ethan Mason, accompanied by the Head of Division - Recreation, Mélanie Bergevin; the Mayor, Claude Comeau; and the Director of Human Resources, Sharon Dol.



Emy Williams, accompanied by Councilor Denise Bergeron, the Director of Human Resources, Sharon Dol; the Mayor, Claude Comeau; and Councilor Diane Boyer.



Social Development, Civil Security and Public Security

On September 24, the Town launched the **Registry Program for Persons Requiring Specific Assistance (PRSA)**, targeting seniors living alone, individuals with physical or intellectual disabilities, and those with mental or cognitive health issues.

For any **questions**, please contact the **Public Safety Department** at 514 453-8981, ext. 203, or visit the website: <https://www.villepincourt.qc.ca/en/register-of-persons-requiring-specific-assistance>



Civil Security

On August 9, a torrential rainstorm affected a large part of Pincourt. An average of 190 mm of rain fell in Pincourt, and the Town stepped in to help ease the situation for those affected.



CLICK here to watch the **October 10 conference focused on the post-Debby storm (in French and question period bilingual)**: <https://bit.ly/3NJs4WF>

Here are the actions that were taken:

- Suspension of renovation permit fees by the Urban Planning Department.
- Collection and disposal of construction materials by the Public Works teams.
- Emotional support for affected residents through St. John Ambulance's canine therapy teams and Salvation Army volunteers.
- Establishment of a subsidy for the installation and purchase of backwater valves in residences.
- Climate change initiatives (underground infrastructure upgrades and reforestation).
- All Town teams contributed to the recovery efforts following the torrential rain on August 9.
- Post-Debby risk communication panel (face-to-face and virtual).



Launch of the 2025 Call for Projects: Arts Integration Program (AIP)

The AIP aims to showcase the Town of Pincourt as a venue for the arts and to create a unique living environment for its residents.

The call for projects for the 2025 edition is open, and the **deadline to submit your concept is February 13, 2025, at 4:45 p.m.**

Participate here: [Form](#)

An unforgettable adventure for four young people from Pincourt

On **October 22nd**, nearly **170 young people** had the incredible opportunity to embark on **a magical 24-hour journey to Walt Disney World in Florida**, thanks to the **Voyage de Rêves-Montréal Foundation** and the **generous support of Air Canada**.

Four young residents of Pincourt were nominated by the Town to experience this enchanting adventure, thanks to referrals from the territory's three elementary schools and the local food bank.

The **Town of Pincourt's Employee Community Assistance Fund also contributed to the cause** by financially supporting the annual golf tournament organized by the Friends of the Fondation Voyages de rêve-Montréal. This support, combined with the City's logistical assistance, significantly contributed to the fundraising efforts that were essential to the project's success.

"Seeing these young people experience such an extraordinary adventure reminds us of the importance of contributing to initiatives that benefit children. Thanks to our collective efforts, we were able to offer these children a day they will never forget. We are extremely proud of this," said Mr. Claude Comeau, Mayor of Pincourt.



Photo credit: Voyage Rêves-Montréal

!!! Citizens wanted !!!

Join our 90-minute discussion groups (focus groups) and help us improve communication methods and the range of recreational activities. Please note that each group is limited to 7 participants. First come, first served.

We're reaching out to all target audiences:

- Parents of young children
- New residents of Pincourt
- Ages 75+
- Ages 65 to 74
- Ages 45 to 64
- Ages 18 to 25
- Ages 14 to 17

Your opinion matters!

By participating, you'll receive a \$20 credit towards Town activities.

Sign up here: <https://forms.office.com/r/hTKPkV8q28>

Town of Pincourt is looking for citizens.

We are looking for people to participate in a focus group on communicating recreational activities.

**REMINDE
USERS
USERS**

16

COUNCIL MEETINGS



Council meetings are when elected representatives come together to make decisions in the best interests of the in the form of by-laws or resolutions.

When and where :

- 2nd Tuesday of each month, at 7 p.m.
- René-Fournier Room, Omni-Centre (375, Cardinal-Léger Blvd.)

November 12 | December 10

Special meeting - Adoption of 2025 budget:

To be confirmed shortly.

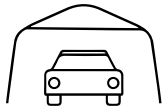
SPECIAL COLLECTION

Green waste: November 27, 2024

Garbage and compost: Thursday, December 26.

Tree collection: Week of January 13

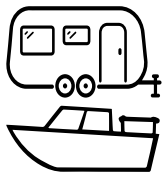
SHELTERS INSTALLATION



Temporary winter shelters:

- Only **one seasonal carport is permitted** per lot, **from October 15, 2024 to April 15, 2025** and must be installed in driveway.

Caution: Remember to clean your temporary shelters thoroughly to avoid collapse.



Summer recreational equipment (boats, trailers, etc.):

- The **deadline** for parking and storing equipment is **November 15**.

PUBLIC WORKS

PRIVATE SNOW REMOVERS

If you are a private snowplow operator on the Pincourt territory, be sure to get a permit for the 2023-2024 winter season.

Please complete the following form:

[Snow removal permit application for contractors](#)

For a renewal, please only indicate any changes. It is unnecessary to fill in a new form.

WINTER PARKING

As of **November 15, 2024, and until April 1, 2025** inclusively, motorists will be able to park their cars **on the street, during the day**, as follows, unless otherwise posted:

- On the street side with **even-numbered addresses**, on even-numbered days (e.g.: November 16, I park my car on the side with even-numbered street addresses).
- Odd-numbered street addresses, on **odd-numbered days** (e.g.: November 17, I park my car on the odd-numbered side of the street).

Reminder: It is **forbidden** to park on the street **overnight**, between midnight and 7 a.m.

WINTER PARKING LOTS

In anticipation of winter, you can purchase a vignette for one of the parking spaces available.

Cost of permit: \$50 per vehicle



Payment : cash, cheque or Interac

The amount disbursed will cover the costs of snow removal and parking space maintenance.

Permit validity: for the 2024-2025 winter season

Procedure: Complete the [Night Parking Form](#)

For any question, communicate with the Public Security department:

- 514 453-8981, ext. 203
- m.lamoureux@villepincourt.qc.ca

COLLECTIONS 2025 calendar

JANUARY 2025

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

FEBRUARY 2025

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

MARCH 2025

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

APRIL 2025

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

MAY 2025

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

JUNE 2025

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

JULY 2025

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

AUGUST 2025

S	M	T	W	T	F	S
				1	2	
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

- Food waste
- Recycling
- Garbage
- Bulk Waste
- Branches

Green waste: May 7 and 21; June 4 and 18; July 2, 16 and 30; August 13 and 27; September 10 and 24; October 8 and 22 and November 5 and 19.

Cardboard: 7 January and July 8
Christmas trees: week of January 13

We recommend that you place your bins at the curb the day before collection, from 9 pm, to avoid blocking the truck on your street.

Garbage collection takes place every two weeks on Wednesdays.

Recycling is collected every Tuesday.
Information: triole-mwa.ca/en/recycling/

Food waste is collected every Wednesday.
Information: villepincourt.qc.ca
(Clean / Public Works / Collections)

Bulk waste collection is held on the 4th Wednesday of the month.
Materials accepted: bathtubs, showers, sinks, furniture and mattresses, carpets, toilets.

Green waste is collected every second Wednesday, from May to November.
Residues accepted: garden residues, flowered residues, grass and leaves, lawn, hedge clippings, small branches less than 1 cm in diameter.

Branch collection takes place every 4th week of the month, from May to October.
You must register for the branches collection via the [online form](#).
The large end of the branches must be facing the street.

SEPTEMBER 2025

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

**FORM
Branches
Collection**

OCTOBER 2025

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

NOVEMBER 2025

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

DECEMBER 2025

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			





RECREATION

SPORTS

& CULTURE

20



VAUDREUIL SOULANGES
ACCÈS-LOISIRS
PROGRAM

We offer **free** recreational activities in your region!

HOW DO I REGISTER ?

By completing our online application form at www.accesloisirsvs.ca or by making an appointment during the registration period.

WHO IS ELIGIBLE ?

All children, adults and seniors whose family income is below the following threshold:

Number of people	Family income
1 person living alone	\$ 30 526 or less
2 persons	\$ 38 003 or less
3 persons	\$ 46 720 or less
4 persons	\$ 56 724 or less
5 persons	\$ 64 336 or less
6 persons	\$ 72 560 or less
7 persons or more	\$ 80 785 or less

Source : Statistic Canada Income Threshold for regions of 500,000 population.

WHAT MUST I PROVIDE ?

For each adult in the family, you must have :

- Notice of assessment from provincial or federal government (2023)
- Claims booklet for income security recipients
- Proof of residence with address: driver's license, tax invoice or recent bill



Complete our online application form at www.accesloisirsvs.ca



REGISTRATION PERIODS 2025

- Winter : January 11 to 14, 2025
- Spring-Summer : March 22 to 25, 2025
- Fall : September 13 to 16, 2025

3 WAYS TO REGISTER

- 1** Online at www.accesloisirsvs.ca
- 2** By phone at **450 217-2177 ext 1**
(Saturday, January 11, March 22 and September 13 between 9 a.m. and noon)
- 3** By scheduling a **registration appointment in person***, by contacting **450 217-2177 ext 1**

FOR MORE INFORMATION ABOUT THE ACCÈS-LOISIRS PROGRAM

www.accesloisirsvs.ca
450 217-2177, ext 1

* Please note that there are no longer any physical registration points.



Location: 225, Pincourt Blvd.,
Pincourt QC J7W 9T2
(inside the Chêne-Bleu High School)



INFORMATION: 514 453-8981, ext. 214
or bibliotheque@villepincourt.qc.ca

REGULAR SCHEDULE

Monday: 9 a.m. – 8:30 p.m.
Tuesday: 9 a.m. – 8:30 p.m.
Wednesday: 9 a.m. – 8:30 p.m.
Thursday: 9 a.m. – 8:30 p.m.
Friday: 9 a.m. – 5 p.m.
Saturday: 10 a.m. – 4 p.m.
Sunday : Closed

Would you like to participate in our activities, but have a limitation that prevents you?

Contact us, and we will be happy to work with you to find solutions: loisirs@villepincourt.qc.ca



ADULT BOOK CLUB

Meeting to share
literary favourites.

Free, adults

IN FRENCH #2:

**2nd Wednesday of each month,
6:30 p.m. to 8:30 p.m.**

(hosted by Joanne Déry)

January 8, February 12 and March 12

Registration: 514 453-8981, ext. 214



STORY TIME

Story time in pyjamas
and crafts.

Free, kids 2 to 5 years old
(accompanied by an adult)

IN FRENCH:

**1st Wednesday of each month,
6:30 p.m. to 7:30 p.m.**

(with Stacey Monk)

February 5, March 5



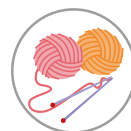
IN ENGLISH:

**1st Tuesday of each month,
6:30 p.m. to 7:30 p.m.**

(with Kristy Boisvert)

January 7, February 4, March 4

Registration required via **Sport-Plus**
or at 514 453-8981, ext. 229.



BEGINNER'S CROCHET WORKSHOP

Hosted by Carole Lesage
of Cercle de Fermière
Pincourt

**Thursdays, January 9 to February
27, 2025 4 p.m. to 6 p.m.**

You will learn:

- How to read a pattern
- The various basic points

Workshop projects:

1. A cotton dishcloth or a cozy mug
2. Your choice of amigurumi (several models available)

- Free
- Material supplied
- Limited places
- Municipal Library

Registration required via **Sport-Plus**
or at 514 453-8981, ext. 229.

SPRING BREAK

MARCH 3 TO 7, 2025

Many activities and surprises will be held at the library.

Consult the Town's website to get all the details: villepincourt.qc.ca/activites-and-programs/calendar

COURTS RESERVATION: Badminton & Pickleball



REGISTRATION VIA **LS+**
SPORT-PLUS

Registration procedure:



Download the
procedure of
registration.

Go on the Town Website and click on [Registration Sport Plus](#) in the top menu (**registration required**).

Clean espadrilles mandatory. Bring your own equipment.

*** Reservation of a field for one hour per home address**

FREE BADMINTON*

- Sunday: 1 p.m. to 5 p.m.
- From January 12, 2025
- Omni-Centre
- 8 \$/field/hour

RESIDENTS

Online from Sunday, 7 p.m., for the following week.

By telephone, from Monday to Friday prior the open badminton dates, from 8:30 a.m. to noon and from 1 p.m. to 4:45 p.m., by calling 514 453-8981, ext. 229.

NON-RESIDENTS

If slots are available, one business day before the free badminton dates, by phone only at 514 453-8981, ext. 229.

FREE PICKLEBALL*

- Tuesday: 3 p.m to 5 p.m.
- Friday: 4 p.m. to 6 p.m.
- From January 7, 2025
- Omni-Centre
- 8 \$/field/hour

RESIDENTS

Online from Friday, 7 p.m., for the next Friday.

By phone, from Monday to Friday, before the open pickleball dates, from 8:30 a.m. to noon and 1 p.m. to 4:45 p.m., by calling 514 453-8981, ext. 229.

NON-RESIDENTS

If slots is available, one business day prior to free pickleball dates, by phone only, by calling 514 453-8981, ext. 229.



SPORTS AND SOCIAL ACTIVITIES offered by the Town



REGISTRATION VIA **LS+**
SPORT-PLUS

Resident Registration: December 2 to 15, from 9 a.m.
Registration non-residents*: December 9 to 15, from 9 a.m.
(*Additional 10\$ fee for non-residents)
Information: 514 453-8981, ext. 229

ABS, CORE AND LEGS

Intense, targeted training to tone and sculpt these key areas.

From January 6 (10 weeks)

Monday or Wednesday:
8:30 p.m. to 9:30 p.m.

**Notre-Dame-de-Lorette School,
Gymnasium**

\$75, 16+

GENTLE EXERCISES

65+

Gentle, adapted physical activity sessions to maintain and develop physical fitness.

Winter session:

February 3 to March 31
(9 classes)

Spring session:

April 14 to June 23 (9 classes (Public holiday: April 21 and May 19))

Monday: 10:30 a.m. to 11:30 a.m.

Omni-Centre

CIRCUIT TRAINING

50+

Exercise sessions for individuals aged 50 and over

From January 6 (10 weeks)

Monday:
1:15 p.m. to 2:15 p.m. (beginner)

Omni-Centre

\$50, 50+

Registration via the Centre communautaire des aînés de Vaudreuil-Soulanges :

<https://www.centredesainesvs.com/activites/enrichissement-de-la-vitalite/>

450 265-3548, ext. 225

450 424-8503

participation@ccavs.ca

CARDIO- INTERVAL

High-intensity exercise with periods of weight training.

From January 6 (10 weeks)

Monday or Wednesday: 7:15 p.m.
to 8:15 p.m.

**Notre-Dame-de-Lorette School,
Gymnasium**

\$75, 16+

NORDIC WALKING



An outdoor activity that combines walking with the use of dedicated poles.

From January 7 (10 weeks)

Tuesday: 9:45 a.m. to 10:45 a.m.
(intermediate)

Tuesday: 11 a.m. to 12 p.m.
(beginner)

Thursday: 9:30 a.m. to 10:30 a.m.
(multi-levels)

Bellevue Park

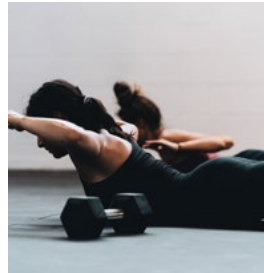
\$120, 16+

SPORTS AND SOCIAL ACTIVITIES offered by the Town



REGISTRATION VIA **LS+**
SPORT-PLUS

MUSCLE TONE



A varied-intensity class using a range of exercises designed to increase muscle tone and strength.

From January 9 (10 weeks)

Thursday: 7:30 p.m. to 8:30 p.m. or
Sunday: 9 a.m. to 10 a.m.

**Notre-Dame-de-Lorette School,
Gymnasium**

\$75, 16+

20-20-20

50+

20 minutes of cardio, 20 minutes of strength training, followed by 20 minutes of core and balance work and stretching.

From January 8 (10 weeks)

Wednesday or Friday:
12 p.m. to 1 p.m., intermediate level
1:15 p.m. to 2:15 p.m., beginner level

Omni-Centre

\$50, 50+

YOGA BEGINNER

From January 7 (10 weeks)

Tuesday: 6 p.m. to 7:15 p.m.

Omni-Centre

\$75, 16+

YOGA MULTI-LEVEL



From January 6

(10 weeks)

Monday or Wednesday:
10:30 a.m. to 12 p.m.

Omni-Centre

\$80, 16+

YOGA INTER.

From January 7 (10 weeks)

Tuesday: 7:30 p.m. to 9 p.m.

Omni-Centre

\$80, 16+

CHAIR YOGA

50+

An adapted form of yoga that allows you to practice postures and breathing exercises while sitting in a chair.

From January 7 (10 weeks)

Tuesday or Friday:
10:30 a.m. to 12 p.m.

Omni-Centre

\$70, adults

ZUMBA GOLD



50+

This fitness class combines cardio and toning with light weights, followed by stretching.

From January 6 (10 weeks)

Monday: noon to 1 p.m. or
Wednesday: 2:30 p.m. to 3:30 p.m.

Omni-Centre

\$50, 50+

SOCIO-CULTURAL ACTIVITIES offered by the Town



REGISTRATION VIA



Resident Registration: December 2 to 15, from 9 a.m.
Registration non-residents*: December 9 to 15, from 9 a.m.
(*Additional 10\$ fee for non-residents)
Information: 514 453-8981, ext. 229

PAINTING WORKSHOP



The painting course offers participants an enriching experience where they can explore their creativity through learning a variety of artistic techniques.

From January 6 (10 weeks)

Monday:
1:30 p.m. to 4:30 p.m. or
6:30 p.m. to 9:30 p.m.

Omni-Centre

\$140, adults

BEGINNER BRIDGE COURSE



The bridge course teaches participants the rules, strategies and techniques of this complex card game.

From January 6 (13 weeks)

Monday:
9:30 a.m. to 11:30 a.m. or

7 p.m. to 9 p.m. ← **NEW**

Omni-Centre

\$130, adults

DRAWING WORKSHOP



Exploration of basic drawing notions and use of charcoal, graphite, Indian ink and colored pencils. For beginners. Experienced artists also welcome.

From January 6 (10 weeks)

Monday: 7 p.m. to 8:30 p.m.

Omni-Centre

\$120, 12+

LIST OF EXTERNAL ORGANIZATIONS

- 211 Social and Community Services near you
- Acrobatic gymnastics (Gymnates de l'île)
- Adult softball
- Archery (Archers Perrotdamois)
- Baseball (Petite ligue des Trois-Lacs)
- Basketball (Ass. basketball de l'Île-Perrot)
- Bowling (Second Mile Bowling League)
- Bridge Club of Pincourt
- CCAVS
- Cercle des fermières
- Classic/Jazz Ballet
- Community gardens de Pincourt
- Comquat (French learning)
- Cross-country skiing (Skieurs de l'île)
- Cycling
- Diving (Club plongeon Vaudreuil-Dorion)
- Figure skating (Club patinage art. rég. de Vaudreuil)
- Friendly Volleyball (Ligue volleyball amicale de Pincourt)
- Girl Guides (English)
- Gymnastics and Recreational acrobatic sports (Gymini)
- History and genealogy
- Horticulture (SHE Île-Perrot)
- Indoor field hockey
- Indoor swimming (Club de natation les Citadins de VD)
- Karate (Sankukan)
- Kin Ball (Ass. de Kin-ball Sud-Ouest)
- Maison de la Famille
- MWCN
- Men's softball 25 +
- Minor Baseball
- Minor Girls Softball
- Minor Hockey
- Ornithology (Club Ornithologique VS)
- Painting/Sculpture (MEAL)
- Philately and Coins (Club Philatélie et Monnaie Pincourt)
- Pickleball (Pierre Besner)
- Pincourt Judo (Judo Dojo Perrot Shima)
- Pincourt Petanque League
- Pool of John Abbott College
- Pool of Vaudreuil-Dorion
- Popotte roulante 65 ans et +
- Scouts Canada (French)
- Scouts de l'île Perrot (bilingue/anglais)
- Senior Citizens Club - Second Mile Club (in English)
- Senior Citizens Club (in French)
- Shared Meals (Jacques Leclair/Nicole Richard)
- Soccer FC Trois-Lacs
- Soccer senior recreational
- Sportball (Sportball Québec)
- Spanish (Academia Mistral)
- Speed skating (Club patinage vitesse de Trois-Lacs)
- Squadron (Escadron 867 Vaudreuil-Dorion)
- Ringette 4 cités
- Tennis (club members)
- Tennis (lesson)
- Tennis Proset Philip Manning (Adapted)
- Women's Volleyball (Caroline Bédard)
- Women's softballs

Several external organizations offer activities for the public. To find out more, visit:
<https://www.villepincourt.qc.ca/en/activities-offered-by-organizations>

VILLE DE PINCOURT

Town Publications Citizen Recreation, sports and Culture Calendar Contact Us FR

Map Search

Activities offered by organizations

Air Cadets: Squadron 867 Vaudreuil-Dorion

Archery

Baseball and Softball: Petite ligue des Trois-Lacs (5-16 years old)





FROSTY ADVENTURES: Get moving and explore the winter



SNOW SLIDE



Come and sled down the slopes! Check social media for opening dates.

- Olympique Park
- Taillon Park

INDOOR SKATING



Every Saturdays
September 28, 2024, to March 29, 2025

8 p.m. to 10:20 p.m.

Cité-des-Jeunes Arena

Additional Dates (1 p.m. to 3:50 p.m.):

- January 3, 6 and 27 and February 17
- March 3 to 7 (Spring break)
- March 10 and 31

Proof of residence required.

Wearing a helmet is recommended.

No registration required.

WINTER EQUIPEMENT LOAN



January 18 to March 9, 2025
Subject to weather conditions

Kiosk near the Olympique Park slide.

Saturday: 1 p.m. to 8 p.m.
Sunday: 10 a.m. to 6 p.m.

- Ice skating Aids
- Icebike
- Snowtubes
- Snowskates (helmet supplied, limited quantities)
- Wearing a helmet is recommended.

CHALET - GOLF CENTRE



The chalet will be open to warm you up and take a moment to relax.

January 18 to March 9, 2025
Saturday and Sunday
10 a.m. to 5 p.m.

Starting point of the Skieurs de l'Île trails.

OUTDOOR SKATING



Skate on one of our outdoor rinks.

- Taillon Park
- Olympique Park (ice ring)
- Shamrock Park

Rinks open according to weather and ice conditions.

For rink conditions, visit our website.

Credit: Thilbault Carron

CROSS-COUNTRY SKING



The Skieurs de l'Île trails are over 30 km long, and are maintained and marked on Perrot island.

Walking and snowshoeing are permitted on trails #9, #10 and #15 (starting from the Pincourt Golf Centre).

Please do not walk on the cross-country ski tracks.

Free loan of cross-country ski equipment for Pincourt residents under 17 years old.

Where: Centre Notre-Dame-de-Fatima (Loan kiosk: 2455, boul. Perrot, Notre-Dame-de-l'Île-Perrot)

Skieurs de l'Île trail access fee extra.

CALENDAR OF ACTIVITIES AND EVENTS

FREE ACTIVITIES

For more information on our activities, please visit our website:
www.villepincourt.qc.ca Info: 514 453-8981 ext. 229

JANUARY 2025

CONFERENCE: THE POWER OF PROTEINS

By Julie DesGroseilliers

This conference demystifies the fascinating world of proteins while raising awareness of the importance of veganizing your diet and eating more protein at breakfast

- Tuesday, January 21, 7 p.m. to 8 p.m.
- Municipal Library
- Registration required via **Sport-Plus** or by phone 514 453-8981, ext. 229

WINTERFEST

The big family winter party to get moving and have fun.

- Saturday, January 25, 12:30 p.m. to 4:30 p.m.
- Olympique Park
- Keep an eye on our platforms for program details.



Hiver en fête
 PINCOURT
WinterFest

SEASON 24/25

FREE SKATING

Free for residents of Notre-Dame-de-l'Île-Perrot, Pincourt, and Terrasse-Vaudreuil upon presentation of proof of residence.
Non-residents:
 12 years and under: \$3 | 13 years and over: \$5

● 1 p.m. to 3:50 p.m.
● 8 p.m. to 10:20 p.m.

OCT

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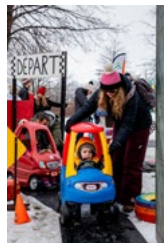
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Cité-des-Jeunes Arena • 2580, rue Paul-Gérin-Lajoie, Vaudreuil-Dorion, Qc J7V 9H8 • 514 917-1717



FEBRUARY 2025

SNOWSKATE INITIATION

With the team of Toasters, skateboard school

You are invited to come and try snowboarding without bindings (Snowskate).

Snowboards will be loaned and jumping modules set up for the day.

- For all
- Sunday, February 9, 10 a.m. to 3 p.m.
- Olympique Park



REGISTRATION: SPRING BREAK CAMP

Join us for fun and entertainment! Many exciting activities.

Look out for the **promotional calendar** that will be **distributed to schools during the week of January 20.**

- Monday, February 10 from 9 a.m. to February 23
- Resident children only, places limited
- Registration online via **Sport-Plus**

CREATIVE HEARTS WORKSHOP: Watercolor workshop

- Saturday, February 15, 1 p.m. to 3 p.m.
- Children aged 6 to 12
- Limited places
- Municipal Library
- Registration required via **Sport-Plus** or by phone 514 453-8981, ext. 229



MARCH 2025

SPRING BREAK: MARCH 3 TO 7, 2025

See our website for full program details.

FREE SKATING: Spring break

- March 3 to 7, from 1 p.m. to 3:50 p.m.
- Cité-des-Jeunes Arena
- Proof of residence required
- Wearing a helmet is recommended.
- No registration required.



CREATIVE HEARTS WORKSHOP: Rainbow Mobile

- Saturday, March 22, 1 p.m. to 3 p.m.
- Children aged 6 to 12
- Limited places
- Municipal Library
- Registration required via [Sport-Plus](#) or by phone 514 453-8981, ext. 229.



SHEIP CONFERENCE

- March 26, 18 h à 22 h
- How to rejuvenate an old garden by Julie Boudreau
- Limited places
- Municipal Library
- Registration required via [Sport-Plus](#) or by phone 514 453-8981, ext. 229.



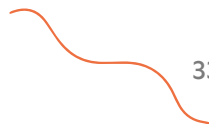
CULTURAL DOSE



REGISTRATION WITH **SPORT-PLUS**

Introductory cultural workshops for children and adults.
Registration required via Sport-Plus or at 514 453-8981, ext. 229.
Places are limited. Free

WORKSHOP	AUDIENCE	DATES	LOCATION
<p>SOCCER MATCH ROBOT This animation invites children to discover the world of robotics and programming.</p> <p>Participants will be ready to program their robots to play the soccer match by Décode Le Code.</p>	<p>Children aged 6 to 12</p>	<p>Saturday January 18 9 a.m. to 10:30 a.m.</p>	<p>Omni-Centre</p>
<p>CREATION OF A STAINED GLASS WINDOW During the workshop, we'll use plexiglass and natural paints to create a stained glass window as beautiful as on glass, by Liz Gonzalez.</p>	<p>Children aged 7 to 12</p>	<p>Saturday February 1 9 a.m. to 10:30 a.m.</p>	



CONTACT US 514 453-8981

TOWN HALL

Regular hours: Mon. to Thurs.: 8 a.m. to noon and 1 p.m. to 4:45 p.m.

Fri. : 8 a.m. to noon.

Administration and Finance Department option 1
Urban Planning Departmentoption 2
General Management, Town Clerk and Mayor's Office.....option 3
Human Resources Departmentoption 4
Emergency and Fire Protection Department option 7
Communications Department.....option 8

RECREATION AND COMMUNITY SERVICESoption 6

Regular hours: Mon. to Thurs.: 8 a.m. to noon and 1 p.m. to 4:45 p.m.

Fri.: 8 a.m. to noon

PUBLIC SECURITY ext. 203

(Municipal Patrol)

MUNICIPAL GARAGEext. 381

Regular hours: Mon. to Thurs.: 7:45 to 11:30 a.m. and 12 to 4 p.m.

Fri.: 7:45 to 11:45 a.m.

ÉCOCENTRE DE L'ÎLE 450 455-5434

750, Olympique Blvd., Pincourt (QC) J7W 7C8

Current hours: visit tricycle-mrcvs.ca

(Citizens/Environment/Ecocentre Network)

LIBRARY ext. 214

3-1-1 LINE: OUTSIDE BUSINESS HOURS

If an incident occurs outside our office hours (**evenings, weekends and holidays**),
call 3-1-1 immediately.

This line is for the following municipal interventions:

water breaks, sewer backups, security patrols, lost, dead or stray animals, etc.

OFFICE CLOSURE: PUBLIC HOLIDAYS

- Holiday season: December 20 at 12 p.m., until January 3, 2025 inclusively



www.villepincourt.qc.ca