



VILLE DE
PINCOURT

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info- PINCOURT

Municipal newsletter
SPRING 2019, VOLUME 29



YOUR TOWN COUNCIL



Yvan Cardinal

Mayor

President of the *Commission générale élargie*

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514 453-4238



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President of the *Commission du développement durable*

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President of the *Commission de développement social, des services communautaires et loisirs*

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Diane Boyer

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Vice-president of the *Commission de développement durable*

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René Lecavalier

District: 6

President of the *Commission des infrastructures, des travaux publics et de l'aménagement du territoire*

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514 646-0720

To see the complete profile of your councillors, visit:
www.villepincourt.qc.ca/en/16/town-council.

COUNCIL MEETINGS, 7 p.m., Omni-Centre
Next council meetings for 2019:

- April 9
- May 14
- June 11



MAJOR PROJECTS IN 2019

Each year, the Town of Pincourt makes the necessary investments to ensure its citizens' safety and quality of life. For 2019, the town's three-year plan provides for work and acquisitions totalling \$17 million, including the upgrade of Chemin Duhamel, construction of Chemin des Tours and reconstruction of the pool chalet.



POOL BASIN REHABILITATION AND RECONSTRUCTION OF THE OLYMPIQUE PARK CHALET

Initially, the main reason for initiating the work was to ensure the competition swimming pool depth was brought up to standard.

The pool chalet was also very old, and it was decided to review the building's layout. In the future, there will be two separate buildings: one reserved for lifeguards and the other dedicated to the mechanical room and locker rooms. The chalet will also feature more toilets and changing rooms than before. A family-accessible and adapted toilet will also be accessible near the swimming pool.

The swimming pool is set to reopen in June. However, due to weather conditions and unforeseen events, the opening could be delayed.



REHABILITATION OF CHEMIN DUHAMEL AND CONSTRUCTION OF THE CHEMIN DES TOURS

Starting in the spring, the Town of Pincourt will begin the reconstruction of Chemin Duhamel from 22nd Avenue to Bellevue Park.

Another project that will see the light of day is the construction of a new street, Chemin des Tours. This new street will be located between Impasse Dougan and 26th Avenue.

Since Chemin Duhamel is a one-way, Chemin des Tours will provide an additional alternative for residents to access Boulevard Cardinal-Léger more quickly.

This new road will also ease traffic, during summer, when finishing the reconstruction of chemin Duhamel between Impasse St-Pierre and 22nd Avenue.



YOUR TOWN ON THE MOVE

PINCOURT :

received the *Municipalité amie des enfants (MAE)* accreditation



In February, Pincourt received the *Municipalité amie des enfants (MAE)* certification.

WHAT IS AN MAE?

An *MAE* is a municipality committed to respecting the rights of children. Their views, needs, and priorities are an integral part of public decisions, policies, and programs.

In short, it is a municipality who thinks about the children in all its actions.

The purpose of the *MAE* program is to recognize the achievements and intentions of a municipality regarding the importance given to the child in the development of his service offer.

To date, in Quebec, 52 municipalities and one RCM have qualified for the *Municipalité amie des enfants* accreditation.

Pincourt is the first town in the MRC de Vaudreuil-Soulanges to have received this certification.



OUR COMMITMENTS

By signing the charter of the *MAE*, Pincourt undertakes, as part of its responsibilities, to support the implementation of the charter and to promote the development of projects for children within its municipality.

THE TOWN OF PINCOURT HAS COMMITTED TO:

- Include children in its next consultation aimed at setting up a citizen participation action plan. With the help of the *Maison de la Famille*, we plan to consult the children who attend Pincourt's three primary schools.
- Increase its Recreation and Leisure offering for its youth clientele (e.g., science courses, free gym, etc.) and hopes to introduce at least three new courses or activities to meet the needs of young people aged 7 to 14.
- Set up a parents' committee to oversee the offering of activities for stay-at-home parents or those on parental leave.



DEVELOPMENT

SUSTAINABLE

Public Consultation

In January, the Town of Pincourt held a public consultation on sustainable development.

This meeting was meant to lay the foundation for the Sustainable Development Policy to be adopted in the spring of 2019.

During the consultation, around 40 people were invited to express their views on:

- Sustainable development values relevant to Pincourt;
- Sustainable development orientations Pincourt should prioritize;
- Their vision for Pincourt in the next few years.



SURVEY

In February, you were invited to complete a survey based on the work done during the consultation.

The answers will help us to guide the future actions of the Town in terms of sustainable development.

*Next step:
Write the first version of the
politic.*



Pincourt Cooperative Preschool Green Class

If you think only adults can take steps to change the fate of the planet, you're sadly mistaken. Even toddlers can do their part.

The Pincourt Cooperative Preschool (at the Omni-Centre) has set up a green class to make children aware of sound environmental practices.

Thanks to educators, children learn about the 3Rs, how to compost and where each type of waste goes, among many other things.

It's never too early to develop good habits.

What a great initiative!





WINTERFEST

Pincourt Winterfest was held on Saturday, January 26. As every year, many of you came along to enjoy some winter fun.

Here are some pictures taken during that day.



SOCIAL AND CULTURAL DEVELOPMENT

INTERCULTURAL FESTIVAL RECRUITMENT IN PROGRESS

Do you want to share the culture of your country of origin with your fellow citizens?

The Town of Pincourt is now recruiting exhibitors and artists.

Information:

514 453-8981, ext. 273
c.corriveau@villepincourt.qc.ca

Registration form:

www.villepincourt.qc.ca (Recreation and culture/Social Development/Intercultural Festival)

*The Intercultural Festival
will be held on June 1st.*



12TH EDITION OF IN THE ART OF SUMMER LOOKING FOR ARTISTS July 5 to 26 | Pincourt Library

Would you like to exhibit your artworks?

**Fill out the registration form available online at
www.villepincourt.qc.ca or at the library.**

Information:

514 425-1104, ext. 6244 or
vacancesenart@hotmail.com



*Registration period:
April 15 to May 15*



Free activities!

From April 1 to 30, 2019

Register to *Health Challenge* by
March 31: www.defisante.ca

Health Challenge

Municipalities & families



Discovery MONDAY

At the Omni-Centre

APRIL 1, 7 p.m.: Training with the Mayor - Bootcamp

APRIL 8, 10:30 p.m.: Yoga

APRIL 15, 7:15 p.m.: Cardio-Interval

APRIL 22, 1 p.m.: Fit and Tone

APRIL 29, 8:30 p.m.: Abs/Core



Pickleball TUESDAY

At the Omni-Centre

APRIL 9, 16, 23 and 30:

Pickleball, from noon to 2 p.m.



Relaxation THURSDAY

APRIL 4, 6 p.m., Chêne-Bleu School: Yoga beginner

APRIL 11, 7 p.m., Omni-Centre :

Mouvement conscient anti-stress

RESERVATION MANDATORY

APRIL 18, 7 p.m., Chêne-Bleu School: Yoga advanced

APRIL 25 : ÉcoFitness FREE (All day)



Adrenaline FRIDAY

APRIL 12, Notre-Dame-de-Lorette School

6:30 p.m.: Circus Initiation (6-9 yrs)

7:45 p.m.: Circus Initiation (9-12 yrs)



Active SATURDAY

At the Omni-Centre

APRIL 6, 13, 20 and 27, 2 p.m. to 4 p.m.:

Family Open Gym



Family SUNDAY

APRIL 7, 14, 21 and 28:

11 a.m., Chêne-Bleu School:

Free Hockey Cosom (7-14 yrs) Parents/Children

13 h, Omni-Centre

Free Badminton

RESERVATION MANDATORY

TO CONTACT

514 453-8981

TOWN HALL

Administration and Financial Service option 1
Urban Planning Service option 2
Town Management and Mayor's Office option 3
Town Clerk and Communication Service option 4
Emergency and Fire Protection Service option 7

OMNI-CENTRE option 6

MUNICIPAL GARAGE Ext. 381

LIBRARY 514 425-1104, ext. 6244

ÉCOCENTRE DE L'ÎLE option 5

750, Olympique Blvd., Pincourt QC J7W 7C8

www.mrcvs.ca/en/ecocentre-ile

Summer schedule - April 1 to November 30

Monday to Friday: 1 p.m. to 5 p.m.

Saturday: 9 a.m. to 4 p.m.

Sunday: Closed

3-1-1 LINE – OUTSIDE BUSINESS HOURS

**Monday to Friday from 4:30 p.m. to 8:30 a.m.,
Saturdays, Sundays and holidays**

For municipal services: water main breaks, sewer back-ups, etc.

OFFICE CLOSINGS – HOLIDAYS

Easter: April 19 to 22, 2019

National Patriots' Day (Victoria Day): May 20, 2019

Quebec's National Holiday: June 24, 2019

CAR SHELTERS

You have **until April 15** to take down winter car shelters on your property.

OVERNIGHT PARKING

Starting on April 1, you will once again be able to park your car in the street between midnight and 7 a.m., if necessary.

GARAGE SALES

First authorized weekend: **May 18-19-20, 2019.**

No permit required.

Enter your garage sale on our website's interactive map:
communication@villepincourt.qc.ca

GARBAGE Every Monday

**Holidays: Collections on April 22, May 20 and June 24
will take place as planned.**

FOOD WASTE Every Monday

RECYCLING Every Thursday

LARGE ITEMS The 3rd Monday of every month

**Accepted: sinks, showers, carpets, mattresses, toilets,
bathtubs and furniture.**

BRANCHES The 2nd and 4th Tuesdays of every month

Service to resume on April 9, 2019. Put your branches
at the curb the day before pick-up.

No reservations required.

DOG RUN - OPENING MAY 1

998 chemin Duhamel – D'Ambrosio Park

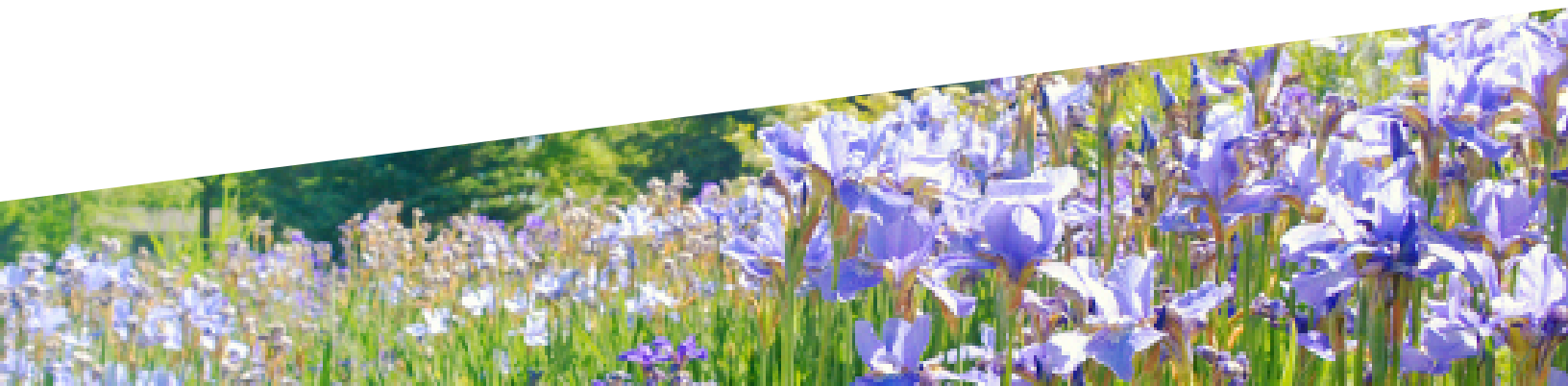
Open Monday to Sunday, 7 a.m. to 9 p.m.

Conception and writing

Town of Pincourt

Legal deposit

Bibliothèque nationale du Québec 2019





VILLE DE
PINCOURT

VILLEPINCOURT.QC.CA

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VILLEdePINCOURT

Special edition

RECREATION
activities

NEW
FAMILY YOGA
(FREE)
RÉCRÉAVÉLO-ZVP

info- PINCOURT

Municipal newsletter
SUMMER 2019, VOLUME 28



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To see the complete profile of
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COUNCIL MEETINGS, 7 p.m., Omni-Centre
Next council meetings for 2019:

- May 14
- June 11
- July 9



YOUR TOWN IN THE NEWS

NEW REGULATION IN EFFECT PLASTIC BAG BAN IN RETAIL STORES

On April 22, in honour of Earth Day, the Town of Pincourt adopted a new by-law prohibiting the use of single-use plastic shopping bags on its territory.

By banning plastic bags in retail stores, the Town of Pincourt is following in the footsteps of the municipalities of Greater Montreal by doing its part and contributing to the global collective environmental initiative by encouraging consumers and retailers to adopt eco-responsible behaviour.

WHAT'S THE REASON FOR THE BAN ON SINGLE-USE PLASTIC BAGS?

Between 1.4 and 2.7 billion shopping bags, mainly made of plastic, are distributed each year in Quebec. Only 14% of these bags are recycled. The ban on single-use plastic bags aims to reduce the impact of plastic bags on the environment.

BAGS TARGETED BY THE BAN

The ban applies to the distribution of plastic shopping bags **less than 50 microns thick** and also covers oxo-biodegradable, biodegradable and compostable bags.



GOALS

In practical terms, the plastic bag ban aims to:

- Support reduction at the source.
- Encourage the use of reusable and recyclable bags.
- Reduce the number of abandoned plastic bags in terrestrial and marine ecosystems.
- Stem the volume of bags sent to landfills entirely by 2025
- Harmonize municipal regulations over the MMC's territory.

*REMEMBER TO BRING YOUR
REUSABLE BAGS WITH YOU WHEN
YOU GO SHOPPING!*

3 PLASTIC LIFE CYCLE



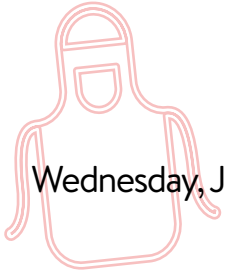
BBQ

WEDNESDAYS



At 7 p.m., Desjardins Kiosk of Olympique Park, Free

Recipes online: www.villepincourt.qc.ca



Wednesday, June 26, **SHRIMP**
With House of James Mitchell
Pairing: Vignoble Le Bourg des Cèdres
Tasting: Sous Les Oliviers

Wednesday, July 17, **"LOUP MARIN" (seal)**
With L'Artisan de la mer
Pairing: Microbrasserie Le Castor
Tasting: Sous Les Oliviers



Wednesday, July 3, **GUINEA FOWL SUPREME**
With Domaine de la Templerie
Pairing: Microbrasserie Le Castor
Tasting: Sous Les Oliviers

Wednesday, July 24, **MINI-BURGERS (sliders)**
With "Belle & la Boeuf" in Vaudreuil
Pairing: Vignoble Le Bourg des Cèdres
Tasting: Sous Les Oliviers

Wednesday, July 10, **CHICKEN**
With La Courbe restaurant
Pairing: Vignoble Le Bourg des Cèdres
Tasting: Sous Les Oliviers

Wednesday, July 31, **BANH-MI SANDWICH (Vietnam)**
With Patate & Persil
Pairing: Microbrasserie Le Castor
Tasting: Sous Les Oliviers



**DOOR
PRIZES**



**ATTEND CULINARY
WORKSHOPS WITH OUR
CHEF**



**TASTINGS
(LIMITED QUANTITIES)**

CELEBRATIONS IN PINCOURT

Friday, August 9

NEW-EVENING FOR TEENAGERS

**DJ/PERCUSSIONS NIGHT WITH
LADY BEATS (Time to be determined)**



Mélissa Lavergne, multi-percussionist, and DJ Abeille will set the bar high, while duo Lady Beats will set the tone for Firemen's Day the next day.

Teenagers and young adults will love the techno atmosphere and percussion beats of the DJ/Percussion show.

**Saturday, August 10
FIREMEN'S DAY
12:30 to 11 p.m.**

- Emergency vehicles parade
- Animation at Bellevue Park
- GIRLS WANNA HAVE FUN! and SuperNOVA show
- BEM fireworks



RECREATION AND CULTURE

RELAY FOR LIFE

Friday, May 24, 7 p.m. to 7 a.m.

Olympique Park

Animation, shows and night walk for research against cancer.

Info: www.relaispourelavie.ca

"PERFO PLEIN AIR" COURSES (FAMILY)

Spend time with friends or family and improve your fitness. During your session, increase your cardiovascular endurance, complete an obstacle course and improve your agility.

Date: June 8 (Olympique Park) Training 1: 9:30 a.m.

Training 2: 10:30 a.m. (minimum age: 7 years old)

NEIGHBOURS' DAY IN PINCOURT

Saturday, June 8

Saturday, June 8 is Neighbours' Day in Pincourt and all across Quebec. Organize your own neighbourhood event and the "Comité Ville en Santé" may offer you a financial assistance.

Attend our information session on May 22 at 7 p.m. at the Omni-Centre, and submit your request before May 29.

Information and form:

514 453-8981, ext. 273, or c.coriveau@villepincourt.qc.ca

BOUGBOUGE SURF AND TURF ÎLE PERROT

Sunday, June 9, Pointe-du-Moulin Historical Park

Running races, Bike and Run, Bootcamp, kayak and Stand Up Paddle Board.

Registration: www.bougebouge.com

"LA GRANDE MARCHE SUR L'ÎLE"

Sunday, October 20

This fall, "JE BOUGE – MARCHE SANTÉ" will become the "GRANDE MARCHE SUR L'ÎLE", in collaboration with the "Grand défi Pierre Lavoie". Details to come and registration on "Grand défi Pierre Lavoie" web site.

INTERCULTURAL FESTIVAL in collaboration with Desjardins

Saturday, June 1, 2 to 8 p.m.
Desjardins Kiosk

Discover the different cultures of the world!

PINCOURT LIBRARY

225 Pincourt Blvd. • Phone: 514 425-1104, ext. 6244

Summer schedule

Monday to Thursday: 10 a.m. - 8:30 p.m.

Friday: 10 a.m. - 5 p.m.

Saturday*: 10 a.m. - 4 p.m. (*Closed from July 6 to August 31)

Story time and Crafts (in English)

On Wednesdays May 9 and June 13, at 10 a.m.

Adult Book Club (in French)

On Tuesdays May 21 and June 18, at 7 p.m.

In the Art of Summer Exhibit, 11th edition

July 5 to 26,

Pincourt, Marie-Uguay and Guy-Godin libraries

Summer exhibit of artworks made by local artists.

TD Summer Reading Club

This activity is designed to promote their love of reading and maintain their skills throughout the summer.

A reading kit and surprises will be given to each participant upon registration.

For: children of 16 years old and less

(children of 0-5 years old: parents must commit to read them several stories)

Registration: June 10 to August 16, at the library

Closing party: August 24, 1:30 to 3:30 p.m.

Paul-Émile-Lépine Community Centre, L'Île-Perrot

MONDAYS IN THE PARKS

Every Monday, from June 24 to August 12, from 6 to 8 p.m.

Get to know your neighbors and your neighborhood parks.

Every Monday, follow our entertainment team from park to park. Makeup, inflatable games, refreshments, and more!

June 24
Mont-Bleu Park

July 1
Bellevue Park

July 8
Du Suroît Park

July 15
Taillon Park

July 22
Souvenir Park

July 29
Des Frênes Park

August 5
Rousseau Park

August 12
Shamrock Park

REGULAR RECREATION ACTIVITIES

ACTIVITY	SCHEDULE	COST	LOCATION	REGISTRATION
BADMINTON* Category: All <i>*Priority to Pincourt residents</i>	Monday: May 20 to August 12 Wednesday: May 22 to August 14 Mon. and Wed.: 8:30 to 10:30 p.m.	\$6 / court / hour <i>(payable on site)</i> <i>(reservation is mandatory)</i>	Omni-Centre	Reservation (Monday to Friday): 514 453-8981, ext. 229 <i>Clean running shoes.</i> <i>Bring your equipment.</i>
CARDIO-INTERVAL Category: Mixed 16 years +	Starts June 17 / 8 weeks Monday and Wednesday: 7:15 p.m. to 8:15 p.m.	\$105	Omni-Centre	Online from May 23 to June 7 (\$5 discount) For information: 514 453-8981, ext. 242
FAMILY YOGA Category: All	Starts June 29 / 6 weeks Saturday: 10:30 a.m.	Free	Bellevue Park	<i>No registration required.</i> For information: 514 453-8981, ext. 242 <i>Bring your yoga mat.</i>
FIT AND TONE Category: Mixed 50 years +	Starts June 24 / 8 weeks Monday and Wednesday: 9 to 10 a.m.* <i>*Schedule may vary upon temperature</i>	\$70	Bellevue Park	Online from May 23 to June 7 (\$5 discount) For information: 514 453-8981, ext. 242
KARATE Category: Mixed 7-12 years 13 years +	Starts June 25 / 7 weeks Tue. and Thu.: 7:30 to 8:20 p.m. Tue. and Thu.: 8:30 to 9 p.m.	\$85 \$115	Saint-Lazare	During the the last classes of spring session. Jean-Pierre Trahan: 514 814-5452 or jeanpierretarahan@sanskukan.ca
LINE DANCING Category: Mixed 18 years +	From July 5 to 26 Friday: 7:30 to 10 p.m.	\$5 / evening <i>(payable on site)</i>	Omni-Centre	Murielle Groulx: 450 424-4170
OBSTACLE COURSE <i>(outside)</i> Category: Mixed 14 years +	April to November Varied schedule Upon reservation (75 min.)	To be determined Exclusive discount for Pincourt residents	Chêne-Bleu High School <i>(back field)</i>	Guy Pilon: guy@obstacles.ca
RÉCRÉAVÉLO-ZVP Category: Mixed 7-12 years 7-9 years 10-12 years	From July 16 to August 1 6 classes of 90 minutes Tue. and Thu.: 9 to 10:30 a.m. Tue. and Thu.: 10:30 a.m. to 12 p.m.	\$105 (t-shirt and water bottle included)	Chêne-Bleu High School	Registration: https://centremultisports.org/active/recrea-velo-zvp/ For information: 450 218-2821
SKATEBOARDING WORKSHOPS Category: Mixed 4 years +	Starts July 6 / 5 weeks Saturday: 1 to 3 p.m.	Free	Skatepark (next to the Omni-Centre)	<i>No registration required.</i> For information: 514 453-8981, option 6 <i>Safety equipment is mandatory.</i>
YOGA (Hatha Yoga) Category: Mixed	Starts June 17 / 8 weeks Multi levels, OUTDOOR Monday and Friday: 10 to 11:30 a.m. Multi levels, INDOOR Thursday: 7 to 8:30 p.m.	\$95 \$65	Bellevue Park Omni-Centre	Online from May 23 to June 7 (\$5 discount) For information: 514 453-8981, ext. 242 <i>Bring your yoga mat.</i>

CALENDAR SUMMER 2019

LEGEND



If raining:
inside the Omni-Centre



Bring your chair

All the activities are free.

JUNE 25

"POP CORDES LE VIOLON DINGUE"

7 p.m. - Desjardins Kiosk

A lively show to get the family moving.



JULY 9

THE VINYLs

7 p.m. - Desjardins Kiosk

The best Rock, Pop, R&B and Soul covers.



JUNE 27

BEATLES TRIBUTE

7 p.m. - Desjardins Kiosk

Since it was such a success in 2016, the show will return this summer.



JULY 11

CALIENTE SON

7 p.m. - Desjardins Kiosk

Feel like you are on vacation by dancing on Cuban rhythms.



JULY 2

BUBBLE SOCCER - PROJET X

6:30 p.m. - Desjardins Kiosk

Soccer in a huge clear bubble for teenagers.



JULY 16

STARLIGHT ACOUSTIC BAND

7 p.m. - Desjardins Kiosk

Listen to the greatest rock hits played by Pincourt musicians.



JULY 4

PARADOXE THE PIRATE

7 p.m. - Desjardins Kiosk

This great adventurer of the seas will share his incredible adventures with circus, juggling, balancing and magic acts.



JULY 18

NINJA COURSE

6:30 p.m. - Desjardins Kiosk

Discover the NINJA in you with the "Caravane Multisports" staff.



TO BE DETERMINED

AQUAFUN DAY

1 p.m. - Municipal pool

Free admission for this fun day at the pool.

JULY 23

FOAM PARTY (10 years +)

6:30 - 8:30 p.m.

Splash pad, Olympique Park

Exclusive night for children aged 10 and over. Have a blast jumping around and playing in an outdoor bubble bath. Come in a bathing suit!

CALENDAR SUMMER 2019

Legend



If raining:
inside the Omni-Centre



Bring your chair

All the activities are free.

JULY 25

FOAM PARTY (9 years -)
6:30 - 8:30 p.m.
Splash pad, Olympique Park

Exclusive night for children aged 9 years old and less. Have a blast jumping around and playing in an outdoor bubble bath. Come in a bathing suit!

JULY 30

CLAUDE THE MAGICIAN
7 p.m. - Desjardins Kiosk

ABRACADABRA! Need we say more?



AUGUST 1

CANINE APPROACH
7 p.m. - Desjardins Kiosk

Discover the canine language with Mireille Chapleau, animal behavior coach.



AUGUST 6

EDUCAZOO
7 p.m. - Desjardins Kiosk

Our popular zoo keepers are back with different animals.



AUGUST 7

RIBOULDINGUE GAME NIGHT
6:30 p.m. - Bellevue Park

Enjoy a range of board games hosted by our animators.



AUGUST 9

DJ/PERCUSSIONS EVENING WITH LADY BEATS - Bellevue Park (Time TBD)

AUGUST 10



FIREMEN'S DAY

Starting at 12:30 p.m. - Bellevue Park

Pincourt annual event: emergency vehicles parade, inflatable games, GIRLS WANNA HAVE FUN! and SuperNOVA shows, and fireworks.

AUGUST 13

PARKOUR WITH GYMINI
6:30 p.m. - Desjardins Kiosk

Enjoy a challenging obstacle course prepared by the Gymini Gymnastics Club.



AUGUST 14

COMICS AND SUPER HEROES DRAWING WORKSHOP
6:30 p.m. - Desjardins Kiosk

Sharpen your pencils! Come learn the basics of drawing comics.



TO CONTACT 514 453-8981

TOWN HALL

Summer schedule (June 24 to September 2):
Mon. to Thu.: 8:30 a.m. to 4:30 p.m. Fri.: 8:30 a.m. to 1 p.m.

Administration and Financial Service option 1
Urban Planning Service option 2
Town Management and Mayor's Office option 3
Town Clerk and Communication Service option 4
Emergency and Fire Protection Service option 7

OMNI-CENTRE option 6

Summer schedule (June 24 to September 2):
Mon. to Thu.: 8:30 a.m. to 4:30 p.m. Fri.: 8:30 a.m. to 1 p.m.

MUNICIPAL GARAGE extension 381

Summer schedule (June 24 to September 2):
Mon. to Thu.: 8 a.m. to 4 p.m. Fri.: 8 a.m. to 12 p.m.

LIBRARY (p. 4)..... 514 425-1104, ext. 6244

ÉCOCENTRE DE L'ÎLE option 5

750, Olympique Blvd., Pincourt QC J7W 7C8

www.mrcvs.ca/en/ecocentre-ile

Summer schedule - April 1 to November 30

Monday to Friday: 1 p.m. to 6 p.m.

Saturday: 9 a.m. to 4 p.m.

Sunday: Closed

3-1-1 LINE – OUTSIDE BUSINESS HOURS

**Monday to Friday from 4:30 p.m. to 8:30 a.m.,
Saturdays, Sundays and holidays**

For municipal services: water main breaks, sewer back-ups, etc.

OFFICE CLOSINGS – HOLIDAYS

Quebec National Day: June 24, 2019

Canada Day: July 1, 2019

Labor Day: September 2, 2019

GARAGE SALES

Second authorized weekend: **June 22-23-24, 2019.**

No permit required.

Enter your garage sale on our website's interactive map:
communication@villepincourt.qc.ca

GREEN WASTE

Every other Monday, from May 6 to September 23.

Plastic bags are not allowed.

GARBAGE Every Monday

Holidays: The June 24, July 1, and September 2 waste pick-ups will take place as planned.

RECYCLING FOOD WASTE Every Monday

RECYCLING Every Thursday

LARGE ITEMS The 3rd Monday of every month

Accepted: sinks, showers, carpets, mattresses, toilets, bathtubs and furniture

BRANCHES The 2nd and 4th Tuesdays of every month

Put your branches at the curb the day before pick-up.

No reservations required.

ROAD WORKS

Sign up for our **Info-P** information platform to learn about the road works planned for this summer. You can also consult our **interactive map** on our website.

COOP DE L'ÎLE Home services

Do you need a helping hand with mowing your lawn, baby-sitting, painting or gardening? Call on the Coop de l'Île.

Information: 450 455-3185

TOWN MEETINGS

Next meetings in 2019, 7 p.m., Omni-Centre:

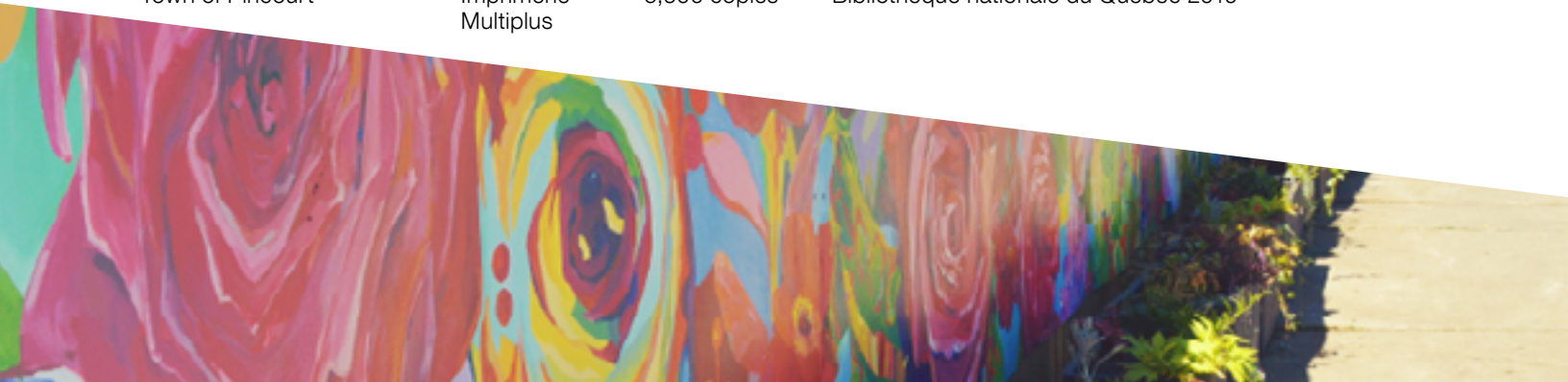
- June 11 • July 9 • August 13 • September 10 • October 8
- November 12 • December 10

Conception and writing
Town of Pincourt

Printing
Imprimerie
Multiplus

Copies
5,600 copies

Legal deposit
Bibliothèque nationale du Québec 2019





VILLE DE
PINCOURT

VILLEPINCOURT.QC.CA

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info- PINCOURT

Municipal newsletter
FALL 2019, VOLUME 29



YOUR TOWN COUNCIL POLITICS

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Mayor

President of the *Commission générale élargie*

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President of the *Commission du développement durable*

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District: 2

President of the *Commission de développement social, des services communautaires, loisirs et culture*

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514 646-0720

To see the complete profile of your councillors, visit:
www.villepincourt.qc.ca/en/16/town-council.

COUNCIL MEETINGS, 7 p.m., Omni-Centre
Next council meetings for 2019:

- October 8
- November 12
- December 10



YOUR TOWN IN THE NEWS

Sustainable Development Policy Now Adopted

Following a major consultation process that began in November 2018 and targeted both citizens and its own employees, the Town of Pincoirt finally launched its very first Sustainable Development Policy last June 5.

With the participation of its elected representatives, its employees and citizens, the Town of Pincoirt is committed to acting responsibly in regard to the environmental and to being socially inclusive, all while adopting a transparent and cooperative approach and promoting its culture, identity and multicultural heritage.

Last August, the Town distributed a guide outlining the policy's major thrusts, including the values it espouses and the objectives established for every aspect of sustainable development.

The guide is available online, under Citizen's Services / Environment / Sustainable Development Policy.



Food Waste Collection - Phase 2

In October 2018, the Town of Pincoirt started collecting household food waste, targeting family dwellings and multi-unit buildings with up to four units.

This fall, the collection will be expanded to include multi-unit buildings with more than four units.

Multi-unit buildings received their 240-litre brown bins in September. The first collection will be on October 7.

Follow us on our information platforms for all the details on Phase 2.



From bin to earth
Recycling food waste

Voilà! Signalement App



VOILÀ!
Signalement

From now on, citizens can use the "Voilà! Signalement" App for any **non-urgent problems** to the Town by using a smartphone or tablet computer.

Did you see a defective streetlight? A pothole needs to be repaired?

Use the Voilà! Signalement app to let us know.

It's very simple! First download the application on your device via Google Play or App Store. You can also make a report online through our website.

Follow three easy steps to send your request. It couldn't be any easier than this!

Info: www.villepincoirt.qc.ca
(Citizen's Services/Online Services/Voilà! Signalement)



YOUR TOWN IN THE NEWS

Pincourt Stands Out for the Place Given to Culture

The Town of Pincourt was in the running for the third edition of the “UCLG Award – Mexico City – Culture 21” (Nov. 2017–May 2018) for its Sustainable Development Policy (SDP).

Although the Town of Pincourt didn’t win, its SDP was recognized as a “good practice” in connection with the UCLG’s “Agenda 21 for Culture.” In addition, Pincourt received a special mention for the award.

Pincourt is now listed in the organization’s database, which lists over 130 good practices in culture and sustainable development implemented by cities all over the world.

You can view the database here:
www.obs.agenda21culture.net/en/home-grid.

A Brunch to Welcome New Citizens

Last August 24, the Town of Pincourt held a welcome brunch for new citizens. Some 50 citizens attended the event.

This first edition was a joint initiative of the Town Council and Pincourt’s Intercultural Committee.

The goal of the brunch was to welcome new residents and present the Town’s municipal services along with existing social, recreational and school programs.

For the Intercultural Committee, it was a wonderful opportunity to gain a better understanding of the needs of immigrants.

A representative from the Corporation de développement communautaire was also on-hand to speak about community services, as well as another person from Centre Ile-Perrot, who spoke about francization.

*Sustainable Development
Policy: Culture as a driver of
social development*



GOOD PRACTICE 2018

PINCOURT
CULTURE AS A
DRIVER OF SOCIAL
DEVELOPMENT

3rd edition
INTERNATIONAL AWARD
UCLG - MEXICO CITY - CULTURE 21



FIREWEEK PREVENTION

Great Escape

Wednesday, October 9, 6 to 8 p.m.
Visited area: District 2

This year, the Emergency and Fire Department will visit families in District 2. When you hear the sound of a giant smoke alarm from outside, put your evacuation plan into action.

Once outside, firefighters will meet you to discuss your experience, and give you prizes.



Prevention Booth

During Fire Prevention Week, our preventionists will hold prevention kiosks in various businesses in Pincourt to answer your questions about fire safety.

Dates	Locations
October 7	Patrick Morin
October 8	Rona
October 9	Maxi
October 10	Canadian Tire
October 11	Metro

Fire Station: Open House

Saturday, October 12, 12 to 4 p.m.

Visit our fire station and fire trucks, and learn more about our techniques of rescue and evacuation. A great experience for the whole family.



"Échelle-o-thon"

Saturday, November 9, 10 a.m. to 5 p.m.
Location: Cardinal-Léger Blvd., at the intersection of du Traversier Blvd.

Fundraising event of the Pincourt Volunteer Firefighters Association for the benefit of the "Fondation de la Maison de soins palliatifs de Vaudreuil-Soulanges".

Thank you for your generosity!





FIREMEN'S DAY

Here are some pictures of the 39th edition of Firemen's Day. Stay tuned to see what the 40th edition has in store for you...



SOCIAL AND CULTURAL DEVELOPMENT

INVITATION

Cultural mediation with Tina Struthers

Saturday, November 16, Omni-Centre

10 a.m. to 12 p.m. and/or 1 to 3 p.m.

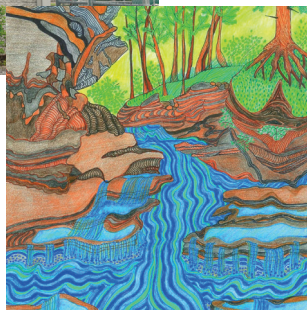
Take part in a cultural mediation workshop with the artist Tina Struthers to design a work of art symbolizing social inclusion in our community.

Welcome to families!

Winning drawing for the pumping station

Last June, the Design Committee launched a drawing contest to find an image that would embellish the pumping station at the corner of chemin Duhamel and 5th Avenue.

The winning drawing was made by Evelyn Sotosek.
Come see the final result this fall!



Drawing that will be on the pumping station.

Review of 2018-2019 Green Project Activities

The Green Project is an urban agriculture initiative developed by the Town of Pincoirt in cooperation with École secondaire du Chêne-Bleu.

The project aims to give all the school's students a chance to learn how to grow fruits and vegetables. The project is also entrepreneurial in nature, enabling students to develop relationships with several entrepreneurs in the region.

The Green Project in numbers

- Organic food baskets produced for 15 clients
- 20 fruit trees planted, thanks to a grant from Tree Canada
- 10 additional gardens (4 x 12 feet) created, thanks to a \$1,500 prize from the Carrefour jeunesse emploi
- Five oak benches built for the school's inner courtyard
- 15 students learned to produce microgreens
- 65 Secondary III students learned how to grow oyster mushrooms
- 60 Secondary I students participated in a composting project with the school cafeteria
- A total of 350 students took part in producing seedlings and various garden work



RECREATION AND CULTURE

"Grande marche sur l'île"

Sunday, October 20 | Olympique Park

Animation at 9:30 a.m. | Departure at 10:30 a.m.

A 5 km family health walk supported by the "Grand Défi Pierre Lavoie" and the "Fédération des Médecins Omnipraticiens du Québec" (FMOQ). Animation and snacks offered for walkers.

Free registration on the "Grand Défi Pierre Lavoie" website: www.onmarche.com

To become a volunteer for the event:
s.grenier@villepincourt.qc.ca

Course >>>



LA GRANDE
MARCHE
PINPOINT

10 ANS
le grand
DÉFI
PRESCRIT
PAR LES
MÉDECINS
DE FAMILLE
PIERRE LAVOIE



RECREATION AND CULTURE

Legend

R: Registration is mandatory at
514 425-1104, ext. 6244

Story Time Parents/children

Pincourt Library
225 Pincourt Blvd.

For 2 to 5 years-old

On 2nd Thursdays of the month, 10 a.m.:
October 10 • November 14 • December 12

For 4 to 7 years-old

Saturday, 10:30 a.m.: November 30

Registration is mandatory: 514 425-1104, ext.6244

Free badminton

Until May 17
Omni-Centre
Sundays: 1 to 5 p.m.

\$6/court/hour (payable on-site)

Registration: 514 453-8981, ext. 229

*Clean running shoes are mandatory.
Bring your equipment.*



Upcoming events

Literary Chat (R)

Tuesday, October 22, 2 to 4 p.m., Library

Halloween Craft Workshop (R)

Thursday, October 24, 6 to 7 p.m., Omni-Centre

Conference and Walk: Le Shinrin Yoku (in French) (R)

Saturday, October 26, 1:30 to 3:30 p.m., Library

Halloween - Haunted House

Thursday, October 31, 5 to 9 p.m., Omni-Centre

Used Book Sale

Saturday, November 9, 10 a.m. to 2 p.m., Chêne-Bleu High School

Commented Concert: Christmas Tunes and Yesteryear Folklore (in French) (R)

Wednesday, November 20, 7 p.m., Library

Pincourt Christmas Market

Saturday, November 23, 10 a.m. to 4:30 p.m. and
Sunday, November 24, 10 a.m. to 4 p.m.

Illumination of Christmas Decorations

Friday, November 29, 6:30 p.m., Desjardins Kiosk
(Olympique Park)

Christmas Craft Workshop (adults) (R)

Tuesday, December 10, 7 p.m., Library

Christmas Craft Workshop (for 3-5 years-old) (R)

Thursday, December 12, 6 to 7 p.m., Omni-Centre



TO CONTACT

514 453-8981

TOWN HALL

Administration and Financial Service..... option 1
Urban Planning Service..... option 2
Town Management and Mayor's Office option 3
Town Clerk and Communication Service..... option 4
Emergency and Fire Protection Service option 7

OMNI-CENTRE option 6

MUNICIPAL GARAGE ext. 381

LIBRARY 514 425-1104, ext. 6244

ÉCOCENTRE DE L'ÎLE option 5

750 Olympique Blvd., Pincourt (QC) J7W 7C8

Winter schedule - November 1 to March 31

Monday to Thursday: Closed

Friday: 8 a.m. to 5 p.m.

Saturday: 9 a.m. to 4 p.m.

Sunday: Closed

3-1-1 LINE – OUTSIDE BUSINESS HOURS

Monday to Friday from 4:30 p.m. to 8:30 a.m.,

Saturdays, Sundays and holidays

For municipal services: water main breaks, sewer back-ups, etc.

OFFICE CLOSINGS – HOLIDAYS

Thanksgiving: October 14

CAR SHELTERS

Car shelters are authorized **from October 15 to April 15** inclusively.

Conception and writing

Town of Pincourt

Legal deposit

Bibliothèque nationale du Québec 2019

OVERNIGHT PARKING

It is forbidden to park a vehicle on public roads from midnight to 7 a.m., from November 15 to April 1 inclusively.

To help you out during the winter season, the Town of Pincourt offers you the opportunity to use one of its eight night parking sites (pass - \$).

Info: www.villepincourt.qc.ca

(Citizen's Services/Municipal services/Overnight parking)

GARBAGE Every Monday

Jours fériés : La collecte du 14 octobre aura lieu comme prévu.

FOOD WASTE Every Monday

RECYCLING Every Thursday

LARGE ITEMS The 3rd Monday of every month

Accepted: sinks, showers, carpets, mattresses, toilets, bathtubs and furniture

BRANCH The 2nd and 4th Tuesdays of every month

Put your branches at the curb the day before pick-up.

No reservations required.

Last collections in 2019*: November 12 and 26

*The service will be back in April 2019.

GREEN WASTE

When we went to press, collection dates were not confirmed yet.

Register to our **Info-P alerts** to find out.

TIME CHANGE - FALL BACK

Do not forget to set back the time on **the night of November 2 to 3, 2019.**

Remember to change your smoke alarm batteries.



VILLE DE
PINCOURT

Special edition

RECREATION
activities

Follow us



VILLEPINCOURT.QC.CA

VILLEdePINCOURT

info- PINCOURT

Municipal newsletter
WINTER 2019, VOLUME 29



YOUR TOWN COUNCIL

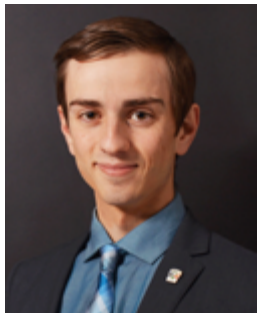


Yvan Cardinal

Mayor

President of the
"Commission générale élargie"

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President of the "Commission de
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President of the "Commission des
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**To see the complete profile of
your councillors, visit:
www.villepincourt.qc.ca/en/16/town-council.**

**COUNCIL MEETINGS, 7 p.m., Omni-Centre
Next council meetings for 2019:**

- December 10
- December 17 (budget)

Writing
Town of Pincourt

Printing
Imprimerie
Multiplus

Copies
5 600 copies

Legal deposit
Bibliothèque nationale du Québec 2019





Winterfest
January 26, 2019



Espace défi
March 28, 2019

YOUR TOWN COUNCIL ON THE MOVE

Always attentive to your needs, your Town Councillors attended various events held throughout the year.



Intercultural Festival
June 1, 2019



Relay For Life Vaudreuil-Soulanges
May 24, 2019



Launch of the Sustainable Development Policy
June 5, 2019



Firemen's Day
August 10, 2019



Grande marche de l'île
October 20, 2019

REVIEW 2019



JANUARY

Winterfest | January 26, 2019

Our winter celebration was held under a bright sun. Several visitors tried this year's new offerings: *fat bike* and bubble soccer.

Sustainable Development Policy Consultation

January 31, 2019

The Town of Pincoirt held a citizen consultation on sustainable development. The purpose of this meeting was to define the foundations of this policy.

FEBRUARY

February 5, 2019

The Town of Pincoirt received the *Municipalité amie des enfants* (MAE) accreditation. (first picture, top right)

February 27, 2019

The Town of Pincoirt presented COOP du Bel-Âge a cheque for the construction of 80 affordable housing units for elderly people with slight loss of autonomy.



MARCH

Espace défi | March 28, 2019

To promote the Health Challenge, a promotional team toured the territory's elementary schools with its Challenge Space to get young people moving.



MAY

Relay For Life Vaudreuil-Soulanges | May 24, 2019

The Relay For Life Vaudreuil-Soulanges for the benefit of the Canadian Cancer Society was held at Olympique Park for the second consecutive year.

REVIEW 2019



JUNE

Intercultural Festival | June 1, 2019

For the first time, the Intercultural Festival was held in the spring rather than in the fall. Several countries were represented at Olympique Park.

Sustainable Development Policy Launch | June 5, 2019

The Town of Pincourt launched its first ever Sustainable Development Policy.



Credit: Jean-Charles Richard



AUGUST

Firemen's Day | August 10, 2019

The 39th Firemen's Day was another great success. GIRLS WANNA HAVE FUN! and SuperNOVA set fire to the Bellevue Park stage.



SEPTEMBER

Launch of the Voilà! Application

The Town of Pincourt launched the Voilà! application, which is used to report any non-urgent problems to the Town from a smartphone or tablet.

OCTOBER

Multi-dwelling units with more than four units began participating in food waste collection.

YOUR TOWN IN THE NEWS

INSTALLATION OF A PEDESTRIAN CROSSING LIGHTING SYSTEM ON CARDINAL-LÉGER BOULEVARD

No doubt you noticed, the signage on Cardinal-Léger Boulevard, at Trotter Park, changed last November. From now on, the new pedestrian crossing system exceeds the requirements of the Highway Safety Code. The system includes a push button, a flashing panel and a 350 lux lighting system. It projects a vertical and horizontal light, illuminating both the transom on the ground and the body of the pedestrian.

With this system, the pedestrian space is now clearly defined, the pedestrian priority is increased and the flow of traffic has been improved.



Garbage Collection As of January 20, 2020



2020 GARBAGE COLLECTION: EVERY TWO WEEKS

As of January 20, 2020, garbage collection will take place every two weeks.

With the recent adoption of a Sustainable Development Policy, the Town of Pincourt has decided to follow neighboring towns by reducing its waste collections.

The amount of waste placed in the garbage bin has decreased since the arrival of food waste collection. This new change is a great way to collectively reduce our ecological footprint.

SOCIAL AND CULTURAL

4TH CALL FOR PROJECTS IN SOCIAL DEVELOPMENT

For the fourth year in a row, the Town of Pincourt is proud to provide citizens with a fund dedicated to social development.

This call for projects, created under the Social Development Policy, is intended for non-profit organizations (NPOs), artists and citizens (sponsored by an NPO).

The projects presented must both target the social development of the city and address the Pincourtois and Pincourtoises.

Remember that social development aims to promote the quality of life and encourage the development of a community of solidarity.

Amount: \$10,000

Date of project submission: January 29, 2020

Information and online form:

www.villepincourt.qc.ca
(Recreation and culture / Social development / Call for projects)



RECREATION AND CULTURE

ACCÈS-LOISIRS VAUDREUIL-SOULANGES

Several towns, including Pincourt, are offering a **limited number of free registrations** for low income citizens. Proof of income required. Inform yourself!

Registration: Saturday, January 11, 2020, from 10 a.m. to 1 p.m.
Centre Communautaire Paul-Émile Lépine (150 Perrot Blvd., L'Île-Perrot)

Information: 514 453-8981, ext. 242

WINTERFEST!

Saturday, January 25, 2020

12:30 p.m. to 4:30 p.m., Olympique Park

Fun for the whole family and several surprises!

Hot beverages and food truck (\$)



2020 SPRING BREAKS ACTIVITIES

Look for the flyer that will be distributed in the schools during the week of January 13, 2020.

Online registration: January 20 to February 2, 2020

5/30 HEALTH & WELLNESS CHALLENGE

Change your habits in 30 days!

When: from April 1 to April 30, 2020

Consult our medias for the complete activity guide!

CROSS-COUNTRY SKI TRAILS

As per By-Law 714 regarding the parks, we ask all citizens to respect the trails maintained by the **Skieurs de l'Île**. These are maintained by volunteers members of the club. Thank you for your collaboration.

OPEN BADMINTON

- **At the Omni-Centre**
- 3 courts available
- For children and adults
- \$6/court/hour (payable on site)
- Bring your equipment
- Reservations are not required during the Holidays

PUBLIC SKATING - FREE

- **At Cité des Jeunes Arena, Vaudreuil-Dorion**
- Every Saturday, until March 28, 2020
- **7 p.m. to 8:50 p.m.**
- All ages welcome
- **Residents: free**
(Proof of residence is required)
- Helmets recommended



Holiday schedule

- Saturday: December 28, 2019, from 3 p.m. to 5 p.m.
January 4, 2020, from 1 p.m. to 5 p.m.
- Sundays: December 22 and 29, 2019, from 1 p.m. to 5 p.m.

Regular schedule

- Sundays, 1 p.m. to 5 p.m.
- Reservation required: 514 453-8981, ext. 229

SHINNY HOCKEY - FREE

- **At Cité des Jeunes Arena, Vaudreuil-Dorion**
- Every Saturday until March 28, 2020
- **9 p.m. to 9:50 p.m.**
- 16 years +
- Youth aged 14 and 15 years must be accompanied by an adult (18 years +)
- **Residents: free** (Proof of residence is required)
- **Full equipment is required**

SKATING RINKS SCHEDULE (according to weather)

Parks: Taillon, Olympique and Shamrock
Week days: 6 p.m. to 10 p.m.
Weekends, school breaks and holidays: noon to 10 p.m.

**VAUDREUIL-DORION
INDOOR POOL**
**Online registration: Jan. 9 at 12:30 p.m.
to Jan. 13 at 8:30 a.m.**
www.ville.vaudreuil-dorion.qc.ca
(page Services to Residents)



JOHN ABBOTT INDOOR POOL
Online registration:
At 7 p.m., November 28, 2019, to January 1, 2020
johnabbott-sport.omnivox.ca
Info (pool): 514 457-6610, ext. 5325
Casgrain Sport Centre: 514 457-2737

PINCOURT LIBRARY (free membership)

225, Pincourt Blvd. (inside Chêne-Bleu High School) | Tel.: 514 453-8981, ext. 214

Winter Schedule: Monday to Thursday: 10 a.m. - 8:30 p.m. | Friday: 10 a.m. - 5 p.m. | Saturday: 10 a.m. - 4 p.m.
(Closed from December 24 to January 2, inclusively)

REGULAR RECREATION ACTIVITIES

REGISTRATION (Places are limited. Minimum and maximum number of participants required per activity.)

ONLINE		OMNI-CENTRE		
Residents: December 12, 2019 to January 8, 2020 Non-residents: December 20, 2019 to January 8, 2020* *\$10 additional fee for non-residents. Website: www.villepincourt.qc.ca		Thursday January 9, 2020 6:30 to 8:30 p.m.		
ACTIVITY	SCHEDULE	COST	LOCATION	REGISTRATION AND INFO
ABS, CORE AND LEGS Category: Mixed, 16 years +	From January 13 (10 weeks) Monday and Wednesday: 8:20 p.m.	Online: \$115 In person: \$120	Omni-Centre	Online registration or at the Omni-Centre For information :514 453-8981, option 6
BALLET & JAZZ CLASSIC Category: Mixed, 4-5 years, 6 years +	From January 6 Monday evening: 6 pm to 9 pm * Depending on the level	\$35/month	Omni-Centre	Registration by phone Ramela Nahorniak: 514 624-8666
BIATHLON Category: Mixed, 10-15 years old, 15 years old +	From January 11 (8 weeks) Sat: 1 p.m. to 3 p.m. (10-15 years old) Sun: 1 p.m. to 3 p.m. (15 years old +)	\$150 + \$60 (Annual Fee: Biathlon Canada + FQB)	Nature Park les Forestiers-de-Saint-Lazare	Registration at the Omni-Centre Christian Valet: 514 830-3718, info@cbvs.org or Website: www.cbvs.org
CARDIO INTERVAL Category: Mixed, 16 years +	From January 13 (10 weeks) Monday and Wednesday: 7:15 p.m.	Online: \$115 In person: \$120	Omni-Centre	Online registration or at the Omni-Centre For information: 514 453-8981, option 6
COOKING LESSONS Category: Mixed, 7 to 11 years old	From the January 18 Saturday: 8:30 to 10 a.m. or 10:15 to 11:45 a.m.	Online: \$140 In person: \$145	Omni-Centre	Online registration or at the Omni-Centre For information: 514 453-8981, option 6
CROSS-COUNTRY SKIING Category: All	According to the weather, in free practice	\$20 / family (Residents)	Skieurs de l'île	Registration at the Omni-Centre Pierre Levac: 514 453-8592
FIT AND TONE Category: Mixed, 50 years +	From January 13 (10 weeks) Mon., Wed. and Fri.: 1 p.m. or 2 p.m.	Online: \$75 In person: \$80	Omni-Centre	Online registration or at the Omni-Centre For information: 514 453-8981, option 6
GYMNASTIC Category: Mixed	From January 6 (11 weeks)	See website	Gymini Gymnastics Club (Centre Multisports)	Registration by phone or online For information : www.clubgymini.org or 450-455-3141
GYMNASTICS ACROSPORT Category: Mixed, 4 years +	From January 11 (12 weeks)	According to level	Chêne-Bleu High School	Registration at the Omni-Centre Eva Rucka: 514 425-0803
HOCKEY COSOM Category: Mixed, 7-14 years old	From January 19 (15 weeks) Sunday morning (depending on level)	Online: \$65 In person: \$70	Chêne-Bleu High School	Online registration or at the Omni-Centre For information: 514 453-8981, option 6
KARATE AND AUTODEFENSE (women) Category: 5 years +	From January 13 (9 or 11 weeks)	\$95 and +	Omni-Centre	Registration at the Omni-Centre Jean-Pierre Trahan: 514 814-5452
LINE DANCING Category: Mixed, adults	January 17, February 21, March 13 and April 17. Fridays: 7:30 pm	\$5 / evening	Omni-Centre	Registration by phone Murielle Groulx: 450-424-4170

REGULAR RECREATION continued

ACTIVITY	SCHEDULE	COST	LOCATION	REGISTRATION AND INFO.
MUSICAL THEATER CATEGORY: Mixed, 6 to 12 years	From January 16 (10 weeks) Thursday night: 6-8 years: 6 p.m. to 7 p.m. 9-12 years: 7 p.m. to 8 p.m.	Online: \$120 In person: \$125	Omni-Centre	Register online or at the Omni-Centre Information: 514 453-8981, option 6
OIL PAINTING Category: Mixed, 14 years old +	From January 13 (10 weeks) Mon: 1:30 p.m. or 6:30 p.m. Wed.: 1:30 p.m.	Online: \$145 In person: \$150 (material not included)	Omni-Centre	Online registration or at the Omni-Centre Manon Labelle: 450 451-1001
P.I.E.D. PROGRAM Category: Mixed, 65 yrs old and +	From January 14 (12 weeks) Tuesday and Thursday: 1:30 p.m.	Free	Omni-Centre	Registration by phone from December 12 to January 9 Registration: 514 453-8981, option 6
SOCCER FC TROIS-LACS Category: Mixed, Born 2005-2015	From January 10 (12 weeks) Available at www.fctroislacs.com	\$125	Gyms of Île Perrot, Chêne-Bleu and Vaudreuil-Dorion	Registration by phone or online Website: www.fctroislacs.com Information: 450 218-9008 or info@fctroislacs.com
SOFTBALL (GIRLS) Girls between 5 and 19 years old	Winter camps and 2020 season (dates to come)	To be determined	Gym on Ile Perrot	Valérie Malouin : 514 805-8250 Info@fdsoftball.ca
SPANISH I Category: Mixed, adults	From January 14 (11 weeks) Tuesday: 7 p.m.	\$190 + material (\$60)	Omni-Centre	Registration at the Omni-Centre Ricardo Dedios: 450-424-6123
SPORTBALL Category: Mixed, 16 months to 6 years	From January 11 (12 weeks) 9:15 am (30 min): 16 to 24 months 10 a.m. (45 min): 2 to 3 ½ years 11 a.m. (60 min): 3 ½ to 6 years	\$119 + taxes (9:15 am) \$189 + taxes (10 a.m. and 11 a.m.)	Notre-Dame-de- Lorette School	Registration by phone or online Website: www.sportball.ca Matthew Pearce: 514 331-3221
TENNIS PROSET (adapted) Category: Special Needs Children	From January 12 (10 weeks) Sun: 1:30 p.m. to 2:30 p.m.	\$220	Edgewater School	Registration by phone Philip Manning: 438-321-1564
ULTIMATE FRISBEE (initiation) Category: Mixed, 9 to 12 years	From January 16 (10 weeks) Thursday evening: 6:30 pm to 7:30 p.m.	Online: \$75 In person: \$80 (Including membership in the federation, a frisbee and a shirt)	Edgewater School	Online registration or at the Omni-Centre For information: 514 453-8981, option 6
YOGA ON CHAIR	From January 17 (10 weeks) Friday: 10:30 p.m.	Online: \$60 In person: \$65	Omni-Centre	Registration online or at the Omni-Centre Information: 514 453-8981, option 6
YOGA / DAY (early-morning) Category: Mixed, adults	From January 13 (10 weeks) Mon. and Wed.: 10:30 a.m.	Online: \$120 In person: \$125	Omni-Centre	Online registration or at the Omni-Centre Information: 514 453-8981, option 6
YOGA / EVENING (beginner) Category: Mixed, adults	From January 16 (10 weeks) Thursday: 6 p.m.	Online: \$65 In person: \$70	Chêne-Bleu High School	Online registration or at the Omni-Centre Information: 514 453-8981, option 6
YOGA / EVENING (Intermediate-advanced) Category: Mixed, adults	From January 16 (10 weeks) Thursday: 7:30 p.m.	Online: \$75 In person: \$80	Chêne-Bleu High School	Online registration or at the Omni-Centre Information: 514 453-8981, option 6

TO CONTACT 514 453-8981

TOWN HALL

Regular schedule:

Mon. to Fri.: 8:30 a.m. to 4:30 p.m.

Administration and Financial Service option 1
Urban Planning Service option 2
Town Management and Mayor's Office option 3
Town Clerk and Communication Service option 4
Emergency and Fire Protection Service option 7

OMNI-CENTRE option 6

Regular schedule:

Mon. to Fri.: 8:30 a.m. to 4:30 p.m.

MUNICIPAL GARAGE ext. 381

Regular schedule:

Mon. to Fri.: 8 a.m. to 4 p.m.

LIBRARY 514 453-8981, ext. 214

ÉCOCENTRE DE L'ÎLE option 5

750, Olympique Blvd., Pincourt (QC) J7W 7C8

www.mrcvs.ca/en/ecocentre-ile

Schedule - December 1 to March 31

Monday to Thursday: Closed

Friday: 8 am to 5 pm

Saturday: 9 am to 4 pm

Sunday: Closed

OFFICE CLOSING - HOLIDAYS

December 23, 2019, at 11:30 a.m., to January 2, 2020, inclusively

All our offices (Town Hall, library, municipal garage, Omni-Centre) will be closed during that period.

We will monitor our messages as of January 3, 2020.

LINE 3-1-1 - OUTSIDE BUSINESS HOURS

Monday to Friday from 4:30 p.m. to 8:30 a.m., Saturdays, Sundays and holidays

For municipal services: water main breaks, sewer back-ups, etc.

All the collections (garbage, food waste and recycling) will take place as usual during holiday period, until January 2 of 2019.

FOOD WASTE COLLECTION Every Monday

GARBAGE - NEW SCHEDULE to be confirmed

At the time of printing, the 2020 collection dates were not confirmed. **However, starting January 20, 2020, garbage collection will be done every two weeks.** Keep an eye on the Town of Pincourt's various platforms. The new pick-up dates will be posted on the Town's website.

RECYCLING - NEW SCHEDULE Starting January 2

The collection is NOW every Monday

BULK WASTE Every third Monday of the month

Accepted: sinks, showers, carpets, mattresses, toilets, bathtubs and furniture only.

CHRISTMAS TREES Public Works will pick up natural trees throughout the month of January, **as of January 6, 2020.** Please make sure to remove all the decorations from your tree. Tree's trunk must face the street.

FIREFIGHTER'S BLOOD DRIVE

Thursday, January 6, 2020 | 1:30 p.m. to 7:30 p.m.

"Faubourg de l'Île" (former Librairies Boyer store).

Start off the year right by taking part in the Pincourt Fire-fighter's Association blood drive.

NIGHT PARKING

It is forbidden to park your vehicle on public roads from midnight to 7 a.m., from November 15 to April 1 inclusively. The City of Pincourt however offers you the opportunity to use one of its eight parking sites incentive night (vignette - \$).



We wish you peace, health and happiness.
Town Council and municipal employees